

# WELCOME TO LETTUCE INN

## MAKE YOUR OWN SALAD OR WRAP

### 1 PICK A SIZE/WRAP

**SALAD:**  
Small: \$10.99  
Medium: \$11.99  
Large: \$13.99

**WRAP:**  
Starts at \$10.99

- Garlic Herb
- Plain
- Spinach
- Whole Wheat

### 2 PICK A LETTUCE

- Iceberg
- Romaine
- Spinach
- Kale
- Mesclun
- Napa Cabbage

### 3 PICK TOPPINGS

Includes 4 Regular Toppings **OR** 1 Premium and 2 Regular Toppings

### 4 PICK DRESSING

See our current dressings

## SPECIALTY WRAPS AND SALADS

#1

### BUFFALO CHICKEN

WRAP: \$10.99

**Salad.....SM: \$10.99 / MD: \$11.99 / LG: \$13.99**  
Iceberg Lettuce, Grilled Chicken, Mozzarella Cheese, Tomatoes, Ranch Dressing, Buffalo Sauce

#2

### CAESAR

WRAP: \$10.99

**Salad.....SM: \$10.99 / MD: \$11.99 / LG: \$13.99**  
Romaine Lettuce, Grilled Chicken, Shaved Parmesan Cheese, Croutons, Caesar Dressing

#3

### CAREN'S FAVORITE

WRAP: \$11.50

**Salad.....SM: \$10.99 / MD: \$11.99 / LG: \$13.99**  
Mesclun Lettuce, Spicy Chicken, Parmesan Cheese, Avocado, Eggs, Mandarin Oranges, Almonds, Mandarin Orange Ginger Dressing

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LETTUCEINNJUICEBAR.COM**



FOLLOW US!



## SPECIALTY WRAPS AND SALADS

#4

### CHICKEN TERIYAKI

WRAP: \$12.99

Salad.....SM: \$12.99 / MD: \$13.99 / LG: \$15.99

Iceberg Lettuce, Teriyaki Chicken, Mozzarella Cheese, Cucumbers, Wontons, BBQ Ranch Dressing

#5

### GREEK FETA

WRAP: \$10.99

Salad.....SM: \$10.99 / MD: \$11.99 / LG: \$13.99

Iceberg Lettuce, Feta Cheese, Cucumbers, Tomatoes, Olives, Onions, Greek Feta Dressing

#6

### CALIFORNIA CLUB

WRAP: \$11.50

Salad.....SM: \$12.99 / MD: \$13.99 / LG: \$15.99

Romaine Lettuce, Grilled Chicken, Bacon, Avocado, Mozzarella Cheese, Tomatoes, Ranch Dressing

#7

### GRILLED CHICKEN BLT

WRAP: \$10.99

Salad.....SM: \$10.99 / MD: \$11.99 / LG: \$13.99

Iceberg Lettuce, Grilled Chicken, Bacon, Tomato, Chipotle Mayo

#8

### LETTUCE INN

WRAP: \$11.50

Salad.....SM: \$12.99 / MD: \$13.99 / LG: \$15.99

Mesclun Lettuce, Spicy Chicken, Mozzarella Cheese, Avocado, Grapes, Wontons, Low Fat Toasted Sesame Dressing

#9

### ORIENTAL CHICKEN

WRAP: \$10.99

Salad.....SM: \$10.99 / MD: \$11.99 / LG: \$13.99

Spinach Lettuce, Grilled Chicken, Mandarin Oranges, Chinese Noodles, Edamame, Asian Peanut Dressing

#10

### RAMSEY

WRAP: \$11.50

Salad.....SM: \$12.99 / MD: \$13.99 / LG: \$15.99

Iceberg, Spicy Chicken, Bacon, Mozzarella Cheese, Grapes, Walnuts, Parmesan Peppercorn Dressing

#11

### SUMMER DELIGHT

WRAP: \$10.99

Salad.....SM: \$10.99 / MD: \$11.99 / LG: \$13.99

Romaine and Mesclun Lettuce, Grilled Chicken, Dried Cranberries, Walnuts, Strawberries, Mandarin Oranges, Raspberry Vinaigrette Dressing

**#12**

**THAI CRUNCH**

**WRAP: \$10.99**

**Salad.....SM: \$11.50 / MD: \$12.50 / LG: \$14.50**

Napa Cabbage, Grilled Chicken, Edamame, Carrots, Onions, Wontons, Low Fat Lime Cilantro Dressing

**#13**

**TURKEY CLUB**

**WRAP: \$11.50**

**Salad.....SM: \$12.99 / MD: \$13.99 / LG: \$15.99**

Romaine Lettuce, Turkey, Bacon, Mozzarella Cheese, Tomatoes, Corn, and Honey Dijon Dressing

**#14**

**VEGETARIAN**

**WRAP: \$10.99**

**Salad.....SM: \$10.99 / MD: \$11.99 / LG: \$13.99**

Mesclun Lettuce, Tomatoes, Cucumber, Carrots, Chickpeas, Balsamic Vinaigrette Dressing

**#15**

**ZESTY**

**WRAP: \$10.99**

**Salad.....SM: \$10.99 / MD: \$11.99 / LG: \$13.99**

Mesclun Lettuce, Shaved Parmesan Cheese, Artichokes, Tomatoes, Edamame, Grapes, Cucumber Wasabi Dressing

**#16**

**AVACADO FIRE**

**WRAP: \$11.50**

**Salad.....SM: \$12.99 / MD: \$13.99 / LG: \$15.99**

Iceberg Lettuce, Grilled Chicken, Bacon, Cheddar Cheese, Avocado, Corn, Avocado Ranch Dressing

**BURRITOS AND BURRITO BOWLS**

**#1**

**STEAK**

**BURRITO: \$13.99**

**Burrito Bowl.....\$14.99**

Steak, Mexican Rice, Black Beans, Avocado, Iceberg Lettuce, Tomatoes, Corn, Monterey Jack Cheese

**#2**

**CHORIZO**

**BURRITO: \$13.99**

**Burrito Bowl.....\$14.99**

Chorizo, Mexican Rice, Black Beans, Avocado, Iceberg Lettuce, Tomatoes, Monterey Jack Cheese

**#3**

**TEX MEX**

**BURRITO: \$12.99**

**Burrito Bowl.....\$14.50**

Grilled Chicken, Black Beans, Mexican Rice, Iceberg Lettuce, Picadillo, Sour Cream, Monterey Jack Cheese and Mild Cheddar Cheese

**#4**

**LETTUCE INN**

**BURRITO: \$12.99**

**Burrito Bowl.....\$14.50**

Spicy Chicken, Mexican Rice, Black Beans, Pico de Gallo, Monterey Jack Cheese, Iceberg Lettuce, Avocado

## QUESADILLAS

Comes on 10oz tortillas and come with 2oz cup pico de gallo and 2oz cup sour cream

**#1 CHEESE QUESADILLA \$12.50**

Monterey Jack, Mild Cheddar, and Mozzarella Cheese

**#2 STEAK QUESADILLA \$14.99**

Steak, Monterey Jack Cheese, Cheddar Cheese, Green Peppers, Tomatoes

**#3 BUFFALO QUESADILLA \$13.99**

Buffalo Chicken, Tomatoes, Mozzarella Cheese

**#4 VEGGIE QUESADILLA \$12.99**

Roasted Peppers, Black Olives, Mushrooms, Jalapeños, Onions, and Mozzarella Cheese

**#5 CHICKEN QUESADILLA \$13.99**

Grilled Chicken, Monterey Jack, Mild Cheddar, Green Peppers, Tomatoes

**#6 BACON QUESADILLA \$13.99**

Bacon, Mozzarella Cheese, Cheddar Cheese, and Onions

**#7 CHORIZO QUESADILLA \$13.99**

Tomatoes, Jalapeños, Peppers, Mozzarella and Monterey Jack Cheese

## TORTAS / SANDWICHES

**#1 STEAK TORTA \$11.99**

Mayo, Tomatoes, Lettuce, Avocado, Jalapeños, and Mozzarella Cheese

**#2 CHORIZO TORTA \$11.99**

Mayo, Tomatoes, Lettuce, Avocado, Jalapeños, and Mozzarella Cheese

**#3 BREADED CHICKEN TORTA \$11.99**

Mayo, Tomatoes, Lettuce, Avocado, Jalapeños, and Mozzarella Cheese

**#4 GRILLED CHICKEN TORTA \$11.99**

Mayo, Tomatoes, Lettuce, Avocado, Jalapeños, and Mozzarella Cheese

**#5 EGG TORTA \$11.99**

Fried Egg, Mayo, Tomatoes, Lettuce, Avocado, Jalapeños, and Mozzarella Cheese

## SMOOTHIES

SM (12OZ): \$6.50

MED (20OZ): \$7.50

LG (24OZ): \$8.50

### MAKE YOUR OWN

XTRA TOPPINGS: \$0.75

(Any 2 Fruits or Veggies and Powder)

**Fruits:** Apple, Banana, Blueberry, Beet, Grape, Mango, Orange, Peach, Raspberry, Strawberry

**Powder:** Protein, Bee Pollen, Ginseng, Spiruline

### #1 BEE STINGER

Blueberry, Banana, Bee Pollen, Protein Powder

### #2 SUPER SQUEEZE

Strawberry, Banana, Protein Powder

### #3 TRIPLE BERRY

Strawberry, Blueberry, Raspberry

### #4 POWER PUMP

Pineapple, Orange, Banana, Spiruline, Protein Powder

### #5 PINK ROSE

Strawberries, Raspberries, and Beets

### #6 APPLE KALE GREEN

Kale, Apple, Cucumber, Protein Powder

### #7 SPINACH TANGO GREEN

Spinach, Mango, Orange, Banana

### #8 ACAI

50¢ EXTRA PER SIZE

Acai, Blueberry, Banana

### #9 GINSENG FLING

Blueberry, Pineapple, Ginseng, Protein Powder

### #10 JENNY'S

Mango, Peach, Orange

### #11 ROSA'S

Apple, Ginger, Pineapple, Lime Juice

### #12 MACHA GREEN

Macha Sorbet, Spinach, Banana

## SHAKES

SM (12OZ): \$6.50

MED (20OZ): \$7.50

LG (24OZ): \$8.50

#1

**PB & B**

Chocolate Ice Cream, Peanut Butter, Banana

#2

**BLACK AND WHITE**

Cookies and Cream Ice Cream, Oreo Crumbles

#3

**DAYDREAM**

Vanilla Ice Cream, Raspberries, Chocolate Chips

#4

**COCO-BERRY**

Chocolate Ice Cream, Coconut, Strawberries

#5

**MONSTER**

Vanilla Ice Cream, Peanut Butter, Protein Powder

#6

**CHOCO STRAWBERRY BLIZZARD**

Strawberry Ice Cream, Strawberries, Chocolate Chips

#7

**NUTELLA**

Chocolate Ice Cream, Banana, Nutella

#8

**PIÑA COLADA**

Vanilla Ice Cream, Pineapple, Pina Colada Mix

#9

**REESES AND BANANA**

Reese's Peanut Butter Cups, Banana, and Vanilla Ice Cream

SM (12OZ): \$6.99

**FRESH JUICES**

LG (20OZ): \$8.99

#1

**GREEN JUICE**

Cucumbers, Green Apple, Celery, Spinach

#2

**VAMPIRE JUICE**

Beets, Carrots, Oranges

#3

**BACK TO LIFE JUICE**

Celery, Cucumbers, Pineapple, Green Apple

#4

**LETTUCE INN JUICE**

Pineapple, Mango, Oranges

#5

**LOW CARB JUICE**

Carrots, Celery, Spinach

#6

**JOINT JUICE**

Carrots, Celery, Lemon, Pineapple

## BOWLS

**#1 COCONUT BOWL \$12.99**

Strawberries, Mango, Granola, and Honey

**#2 ACAI BOWL \$12.99**

Strawberries, Banana, Blueberries, Granola, and Coconut Flakes

**#3 PITAYA BOWL \$12.99**

Kiwi, Strawberries, Granola

**#4 GREEN MACHA BOWL \$12.99**

Granola, Coconut, Almonds, Strawberries

**#5 TROPICAL MANGO BOWL \$12.99**

Granola, Banana, Strawberries, Nutella



## BUBBLE TEA

20OZ: \$8.00

**#1 TARO**

**#2 MILK TEA**

**#3 MATCHA**

**#4 MANGO BOBA**

**#5 HONEY DEW BOBA**

**#6 MEXICAN ORCHATA \$7.00**



## CREPES

**#1 CLASSIC CREPE \$10.99**

Strawberries, Banana, Nutella



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